RAFA NADAL ACADEMY

CHRISTMAS TENNIS CAMP JUNIOR

DECEMBER 20, 2026 - JANUARY 3, 2027



-20%
OFF YOUR FLIGHTS TO MALLORCA WITH
AirEuropa

MALLORCA
RAFA NADAL ACADEMY

FOR PLAYERS AGED **8 TO 18 YEARS**



MY ONLY WAY OF UNDERSTANDING TENNIS

BY RAFA NADAL

I started playing tennis as a child in Manacor, on the island of Mallorca. Since then, tennis has been much more than a sport for me. It has been a school of life. After many years competing around the world, I have realized that the true value of success is not only in trophies or titles, but in the discipline, humility, and respect that have accompanied me throughout my career.

One of my greatest purposes is to share these values with the new generations. Through the Rafa Nadal Academy, we work every day to educate young athletes not only to become better players but better people. We teach them to value effort, to understand teamwork even in an individual sport, and to maintain respec for themselves, their opponents, and the game.

It is an international project that brings together students from all over the world, combining education and sport as two pillars of personal development. We believe that high performance is compatible with humanity, that competition can go hand in hand with kindness, and that every training session is also a life lesson.

RAFA NADAL
ACADEMY

CHRISTMAS TENNIS CAMP JUNIOR · 2026

WHAT´S INCLUDED

TRAINING & RECREATIONAL ACTIVITIES

20h	9h	6h	8h
TENNIS TRAINING	SPORT ACTIVITIES	"BUILDING A CHAMPION" ACTIVITIES	FUN AND RECREATIONAL ACTIVITIES

- Welcome pack.
- Mid-morning /Mid-evening snack & Lunch.
- Trophy Ceremony & BBQ.
- Tennis competition on Saturdays.
- Rafa Nadal Museum Ticket.

BOARDING (CAMPUS ACCOMMODATION OPTION)

- 7 nights of accommodation at the Academy's supervised residence (full board)
- Medical care and physiotherapy service (if needed).
- Airport transfer service.







RAFA NADAL ACADEMY

www.rafanadalacademy.com
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DO YOU WANT TO EXPERIENCE HIGH-PERFORMANCE TRAINING?



During next December and January, the **Rafa Nadal Academy** opens its doors to young players aged 8 to 18 who want to experience high-performance training at one of the world's most prestigious sports centers.

Players at the **Christmas Tennis Camp Junior will improve their technique, physical condition, and game understanding, following the Rafa Nadal Academy training methodology,** designed to support real progression both on and off the court.

The program will take place from **December 20th 2026 to January 3rd 2027,** with check-in and check-out on Sundays.



The technical team at the Rafa Nadal Academy recommends this camp for players who want **to maximize their tennis progression, thanks to a program** that includes two daily training sessions.

"Building a champion" program is led by specialists across the various areas of sport and aims to help players:

- Become better tennis players by understanding the game from a tactical and strategic perspective.
- Become better athletes by incorporating fundamentals of **nutrition, physical preparation, and sports psychology applied to tennis.**

Inspired by **Rafa Nadal's legacy,** the program actively integrates **values education and mental skill development**, including discipline, effort, resilience, focus, and emotional management—essential elements for performance and player development.

The **Christmas Tennis Camp Junior** offers a unique experience where tennis, education, and a competitive mindset come together in an international environment.

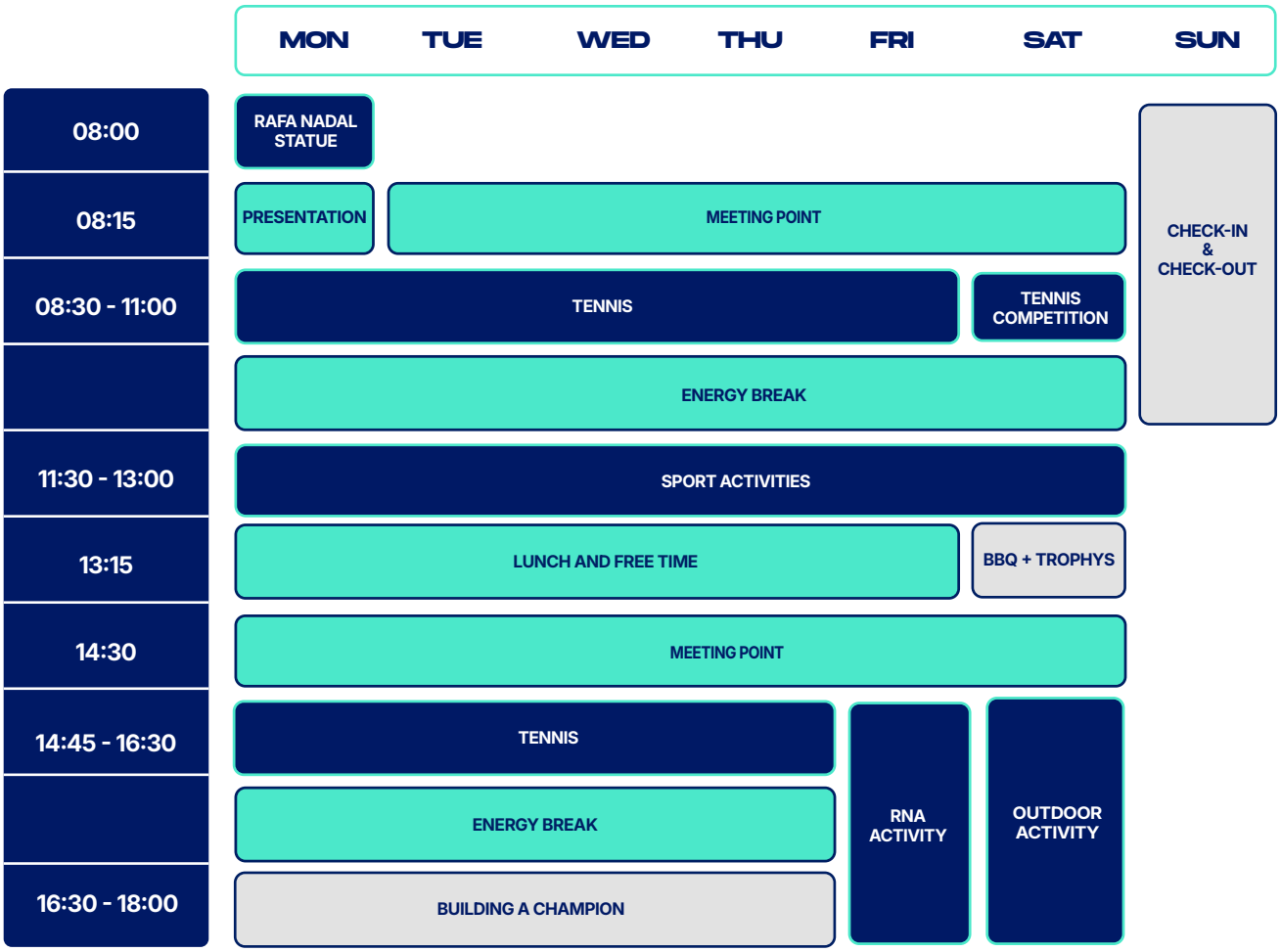
RAFA NADAL ACADEMY

TRAIN WITH RAFA NADAL'S METHOD AND HIS TEAM!

CHRISTMAS TENNIS CAMP JUNIOR · 2026

SCHEDULE

WEEKLY PROGRAM



This schedule is indicative because:

- The weekly activity schedule will be adjusted for each age group.
- The order or day in which the activities are carried out varies depending on the group they are in.

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FACILITIES

44 TENNIS COURTS

22 HARD COURTS
(19 OUTDOOR Y 3 INDOOR)
22 CLAY COURTS
(15 OUTDOOR Y 7 SEMI-COVERED)





19 PADEL COURTS

6 OUTDOOR COURTS
3 PANORAMIC OUTDOOR COURTS
3 PANORAMIC INDOOR COURTS
7 INDOOR COURTS

OTHER FACILITIES

- Supervised residence
- Fitness Center
- 25m indoor and outdoor pools
- 1 seven-a-side football field
- Sports Clinic by Quirón Salud
- Restaurant and players' lounge
- Beach volleyball, squash, padbol, and multi-sport courts



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INSPIRING PEOPLE TO ACHIEVE THEIR OWN IDEAL

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