

WINTER

TENNIS CAMP JUNIOR



FEBRUARY 14 - 21, 2027

FOR PLAYERS AGED 8 TO 18



MALLORCA
RAFA NADAL ACADEMY



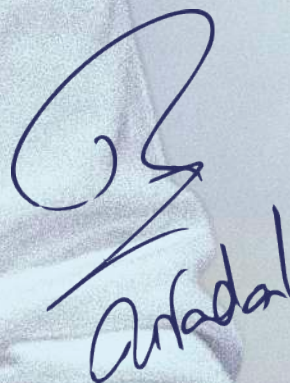
MY ONLY WAY OF UNDERSTANDING TENNIS

BY RAFA NADAL

I started playing tennis as a child in Manacor, on the island of Mallorca. Since then, tennis has been much more than a sport for me. It has been a school of life. After many years competing around the world, I have realized that the true value of success is not only in trophies or titles, but in the discipline, humility, and respect that have accompanied me throughout my career.

One of my greatest purposes is to share these values with the new generations. Through the Rafa Nadal Academy, we work every day to educate young athletes not only to become better players but better people. We teach them to value effort, to understand teamwork even in an individual sport, and to maintain respect for themselves, their opponents, and the game.

It is an international project that brings together students from all over the world, combining education and sport as two pillars of personal development. We believe that high performance is compatible with humanity, that competition can go hand in hand with kindness, and that every training session is also a life lesson.



RAFA NADAL
ACADEMY

WHAT'S INCLUDED

TRAINING & FUN ACTIVITIES

20_h

**TENNIS
TRAINING**

9_h

**SPORT
ACTIVITIES**

8_h

**FUN AND
RECREATIONAL
ACTIVITIES**

5_h

**"BUILDING A
CHAMPION"
ACTIVITY**

- Welcome Pack
- Lunch + morning and afternoon snacks
- 6 hours of fun activities at the Academy
- Saturday competition
- BBQ lunch and trophy presentation ceremony
- Rafa Nadal Museum visit

BOARDING (CAMPUS ACCOMMODATION OPTION)

- 7 nights' accommodation in the Academy's supervised residence (full board)
 - Medical care and physiotherapy services (if required)
 - Airport transfer service



DO YOU WANT TO EXPERIENCE HIGH-PERFORMANCE TRAINING?

You can now book your place at the **Rafa Nadal Academy Winter Tennis Camp**, taking place from **February 14th to 21st, 2027**.

Player check-in and check-out will take place on Sunday.

This camp combines elite tennis training with off-court activities and is open to all young players aged 8 to 18 who want to enjoy an unforgettable experience at one of the world's leading high-performance sports centers.



The players attending the **Winter Tennis Camp** will train using the **Rafa Nadal Academy's methodology**, improving their tennis technique, physical conditioning, and on-court skills while enjoying a wide range of recreational activities in the unique setting of Mallorca.

The camp also aims to educate participants through sport with the engaging hands-on activities included in the **"Building a Champion"** program.

Building a Champion is a theory-based and practical program that combines video analysis with sessions on tactics, strategy, nutrition, sports psychology, and injury prevention. Every session is tailored to each player's age and level to support their overall development.

Our goal is to develop well-rounded, hybrid players by improving the technical, tactical, strategic, physical, and mental aspects of the game every day, helping them maximize their performance and compete successfully.

The Rafa Nadal Academy **Winter Tennis Camp** offers a unique opportunity to combine tennis, fun, leisure, and personal development in an international environment where young people from all over the world come together.

The Academy also offers a variety of sports programs for adults, tailored to all levels of play.



SCHEDULE

WEEKLY PROGRAM

	MON	TUE	WED	THU	FRI	SAT	SUN
07:00	GOOD MORNING!						CHECK-IN & CHECK-OUT
07:30	BREAKFAST						
08:30 - 10:30	TENNIS					TENNIS COMPETITION	
10:30 - 10:45	SNACK						
11:00 - 12:45	SPORT ACTIVITIES						
13:00 - 15:00	LUNCH & FREE TIME					TROPHY CEREMONY & BBQ	
15:00 - 17:00	TENNIS	LUDIC ACTIVITIES		TENNIS	LUDIC ACTIVITIES		
17:00 - 17:15	SNACK			SNACK			
17:15 - 18:30	BUILDING A CHAMPION			BUILDING A CHAMPION			
18:30 - 19:30	FREE TIME						
19:30 - 21:00	DINNER						
21:00 - 22:00	FREE TIME						
22:30	GOOD NIGHT!						

- The weekly activity schedule will be adjusted for each age group.
- The order or day on which activities take place may vary depending on the group.

FACILITIES

44 TENNIS COURTS

22 HARD COURTS

(19 OUTDOOR Y 3 INDOOR)

22 CLAY COURTS

(15 OUTDOOR Y 7 SEMI-COVERED)



19 PADEL COURTS

6 OUTDOOR COURTS

3 PANORAMIC OUTDOOR COURTS

3 PANORAMIC INDOOR COURTS

7 INDOOR COURTS

OTHER FACILITIES

- Supervised residence
- Fitness Center
- 25m indoor and outdoor pools
- 1 seven-a-side football field
- Sports Clinic by Quirón Salud
- Beach volleyball, squash, padbol, and multi-sport courts
- Restaurant and players' lounge

**INSPIRING
PEOPLE
TO ACHIEVE
THEIR
OWN IDEAL**

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