



# SUMMER PADEL CAMP

BY **RODRI OVIDE**

JULY 26 - 02 AUGUST, 2026



**MALLORCA**  
RAFA NADAL ACADEMY

**-20%**

ON YOUR FLIGHTS TO MALLORCA!

 AirEuropa

**WEEKLY GROUP PROGRAM**

FOR PLAYERS OVER 18 YEARS OLD



## MY ONLY WAY OF UNDERSTANDING TENNIS

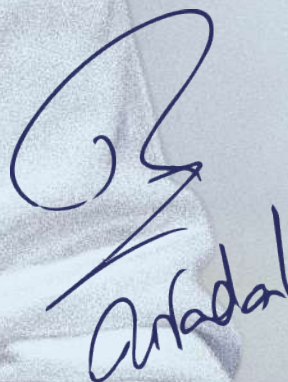
BY RAFA NADAL

“ I started playing tennis as a child in Manacor, on the island of Mallorca. Since then, tennis has been much more than a sport for me. It has been a school of life. After many years competing around the world, I have realized that the true value of success is not only in trophies or titles, but in the discipline, humility, and respect that have accompanied me throughout my career.

One of my greatest purposes is to share these values with the new generations. Through the Rafa Nadal Academy, we work every day to educate young athletes not only to become better players but better people. We teach them to value effort, to understand teamwork even in an individual sport, and to maintain respect for themselves, their opponents, and the game.

It is an international project that brings together students from all over the world, combining education and sport as two pillars of personal development. We believe that high performance is compatible with humanity, that competition can go hand in hand with kindness, and that every training session is also a life lesson.

”

  
Raf Nadal



RAFA NADAL  
ACADEMY

# WHAT'S INCLUDED

**19,5h**

**PADEL TECHNICAL  
& COMPETITIVE  
TRAINING**

**4,5h**

**PHYSICAL  
PREPARATION**

**4h**

**OFF COURT  
ACTIVITIES**

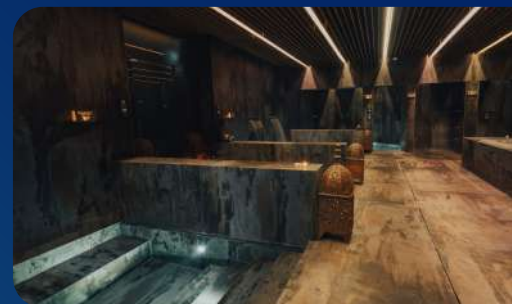
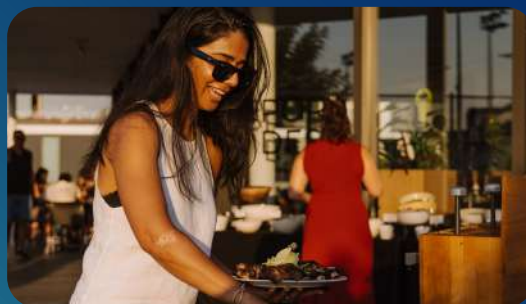
- 7 nights boarding at Rafa Nadal Residence.\*
- Diploma presentation and tasting of local products.\*\*
- Barbecue and live music afternoon.\*\*
- Entry to the Rafa Nadal Museum.\*
- Free use of the Fitness Centre with over 200 weekly guided activities (excluding CrossFit and Yoga & Pilates Studio).\*
- 1 functional assessment with a Rafa Nadal Academy physiotherapist.
- Free access to the 25m indoor pool and Spa with hydrothermal circuit, sauna, and Turkish bath.\*
- Welcome pack.

\* Only included in the boarding option.

\*\* Included for the player's accompanying person.

## AVAILABLE THE MORNING OPTION:

- 12 hours per week of tactical padel training.
- Court/player ratio 1:4.



# DO YOU LOVE PADEL AND DREAM OF TRAINING AT THE HIGHEST LEVEL?

This summer, you have the opportunity to reserve your spot at the **Rodri Ovide Summer Padel Camp Adult** and take your game to the next level with one of the best coaches on the professional circuit!

Discover this exclusive camp for adult players, taking place from July 26 to August 2, 2026 at the facilities of the **Rafa Nadal Academy**.

Enjoy a unique experience for players of all levels, including technical and tactical padel training with Rodri Ovide on court, specific physical conditioning, competition matches, off-court sessions, and fun social group activities.



At the Rodri Ovide Padel Camp, you will improve your technique, physical condition, and on-court skills through Rodri Ovide's training system, the coach responsible for the padel methodology at the Rafa Nadal Academy, set in the incomparable surroundings of Mallorca.

During this exclusive summer padel camp, you will discover how ball control, biomechanical efficiency, and natural movement are key elements to advancing your level of play.

Learn from a coach who has played a key role in the success of stars such as Gemma Triay — ambassador of the Rafa Nadal Academy and world number one — and who has also worked with some of the biggest names in padel, including Juan Lebrón, Paquito Navarro, Martín Di Nenno, Alejandra Salazar, and Marta Ortega, among others.

# SCHEDULE

WEEKLY PROGRAM

	MON	TUE	WED	THU	FRI	SAT	SUN
7:00	GOOD MORNING						ARRIVALS & DEPARTURES
7:30	BREAKFAST						
8:15 - 9:00	PHYSICAL PREPARATION						
9:00 - 11:00	TECNHICAL PADEL TRAINIIG						
11:00 - 13:00	FREE TIME					DIPLOMA CEREMONY	
13:00 - 15:00	LUNCH BREAK					FREE TIME	
15:00	DEFENSE TALK	COUNTERATTACK TALK	ATTACK TALK	PSYCHOLOGICA TALK	BABOLAT RACKET TEST		
16:00 - 17:30	ACTIVIDADES DE COMPETICIÓN						
17:30 - 18:30	FREE TIME			FREE TIME			
18:30 - 20:00			MEET & GREET		DINNER BBQ +LIVE MUSIC		
20:00 - 22:00	DINNER						DINNER
22:30	GOOD NIGHT						

\* The weekly schedule of activities is approximate.

# FACILITIES

## 44 TENNIS COURTS

### 22 HARD COURTS

(19 OUTDOOR Y 3 INDOOR)

### 22 CLAY COURTS

(15 OUTDOOR Y 7 SEMI-COVERED)



## 19 PADEL COURTS

### 6 OUTDOOR COURTS

### 3 PANORAMIC OUTDOOR COURTS

### 3 PANORAMIC INDOOR COURTS

### 7 INDOOR COURTS

### OTHER FACILITIES

- Supervised residence
- Fitness Center
- 25m indoor and outdoor pools
- 1 seven-a-side football field
- Sports Clinic by Quirón Salud
- Beach volleyball, squash, padbol, and multi-sport courts
- Restaurant and players' lounge

# *INSPIRING PEOPLE TO ACHIEVE THEIR OWN IDEAL*

## **SUMMER**

**PADEL  
CAMP**

**ADULT**

**BY RODRI OVIDE**

[www.rafanadalacademy.com](http://www.rafanadalacademy.com)  
[sales@rafanadalacademy.com](mailto:sales@rafanadalacademy.com)  
t. (+34) 971 845 022



**RAFA NADAL  
ACADEMY**