



SUMMER

TENNIS & LANGUAGE CAMP

Junior

JUNE 28 - AUGUST 23, 2026



-20% ON YOUR FLIGHTS TO MALLORCA!

 AirEuropa

FOR PLAYERS AGED 12 TO 18 YEARS



MALLORCA · RAFA NADAL ACADEMY



MY ONLY WAY OF UNDERSTANDING TENNIS

BY RAFA NADAL

I started playing tennis as a child in Manacor, on the island of Mallorca. Since then, tennis has been much more than a sport for me. It has been a school of life. After many years competing around the world, I have realized that the true value of success is not only in trophies or titles, but in the discipline, humility, and respect that have accompanied me throughout my career.

One of my greatest purposes is to share these values with the new generations. Through the Rafa Nadal Academy, we work every day to educate young athletes not only to become better players but better people. We teach them to value effort, to understand teamwork even in an individual sport, and to maintain respect for themselves, their opponents, and the game.

It is an international project that brings together students from all over the world, combining education and sport as two pillars of personal development. We believe that high performance is compatible with humanity, that competition can go hand in hand with kindness, and that every training session is also a life lesson.

Rafa Nadal

WHAT'S INCLUDED

TRAINING AND RECREATIONAL ACTIVITIES

12,5h

TENNIS
TRAINING

Ratio
Court/Player 1:4

10h

SPORT
ACTIVITIES

Physical
Preparation

8h

ENGLISH LESSONS
OR SPANISH CLASSES
WITH NATIVES

English or Spanish

5h

BUILDING A
CHAMPION
ACTIVITIES

8h

FUN AND
RECREATIONAL
ACTIVITIES

Throughout
Mallorca

- RNA Games
- Guided tour of the Rafa Nadal Museum
- BBQ dinner and trophy ceremony
- Lunch and mid-morning snack
- Welcome package

BOARDING (CAMPUS ACCOMMODATION OPTION)

- 7 nights of accommodation at the Academy's supervised residence (full board)
 - Medical care and physiotherapy service (if needed)
 - Airport transfer service



DO YOU WANT TO EXPERIENCE A UNIQUE SPORTS AND LANGUAGE IMMERSION?

During this summer, the Rafa Nadal Academy will open its doors to all young people aged 12 to 18 who want to enjoy an unforgettable experience at one of the world's best high-performance sports centers.

Players at the **Summer Tennis & Language Camp Junior** will improve their technique, physical condition, and on-court skills, while enjoying multiple fun activities in the incomparable setting of Mallorca.



Alongside sports practice, participants will also improve their English and Spanish skills through daily classes taught by the Rafa Nadal School teaching team, a bilingual school located within the Academy's facilities.

This camp also aims to educate attendees through sport with engaging practical activities that are part of the "Building a Champion" program. Through sessions led by Rafa Nadal Academy instructors, **young tennis players will receive training in nutrition, physical preparation, and values such as effort, humility, tolerance, patience, respect, and integrity.**

The Rafa Nadal Academy Summer Tennis Camp Junior offers a unique opportunity where tennis, fun, leisure, and values come together in a campus environment bringing together young people from all over the world.

SCHEDULE

WEEKLY PROGRAM

	MON	TUE	WED	THU	FRI	SAT	SUN
7:30 - 8:00	BREAKFAST (BOARDING)						
8:00	MEETING POINT	WATER POINT 8:15	MEETING POINT			MEETING POINT - FOOTBALL (8:30)	CHECK OUT 10:00
8:15 - 9:30	SPORT ACTIVITIES VOLLEY	FITNESS AT THE BEACH (9:00-10:00)	SPORT ACTIVITIES PADEL	SPORT ACTIVITIES FOOTBALL	SPORT ACTIVITIES POOL	WATER POINT (9:15)	
9:30 - 10:00	ENERGY BREAK		ENERGY BREAK			TENNIS COMPETITION SA COMA (10:00-11:30)	
10:00 - 12:00	TENNIS	TENNIS SA COMA (10:00-12:00)	TENNIS			ENERGY BREAK (11:30 - 11:45)	
12:00 - 13:15	RNA GAMES		RNA GAMES			WEEK SUMMARY & EVALUACIÓN (11:45 - 12:30)	
13:30	LUNCH AND FREE TIME	LUNCH AND FREE TIME (12:30)	LUNCH AND FREE TIME			LUNCH AND FREE TIME (12:45)	DEPARTURES
14:30	MEETING POINT			MEETING POINT (15:15)	MEETING POINT	WATER POINT (14:45)	
14:45 - 16:45	LANGUAGE			PADDLE SURF (15:30-18:00)	LANGUAGE	BOAT TRIP (15:00-19:00)	
17:00 - 18:30	BAC				BAC		
19:30 - 20:00	DINNER (BOARDING)					BBQ (20:00-20:30) CEREMONY +DISCO (20:40-22:00)	

- Weekly activities are tailored to each age group.
- The order or day on which activities take place may vary depending on the group.
- Depending on the week, for internal reasons, Fitness and Tennis sessions are not held in Sa Coma (near the beach).
- Certain activities, such as Boat Trips or Paddle Surfing, may be canceled due to weather conditions if deemed necessary by the responsible department.

FACILITIES

45 TENNIS COURTS

23 HARD COURTS

(19 OUTDOOR Y 4 INDOOR)

22 CLAY COURTS

(15 OUTDOOR Y 7 SEMI-COVERED)



19 PADEL COURTS

6 OUTDOOR COURTS

3 PANORAMIC OUTDOOR COURTS

3 PANORAMIC INDOOR COURTS

7 INDOOR COURTS

OTHER FACILITIES

- Supervised residence
- Fitness Center
- 25m indoor and outdoor pools
- 1 seven-a-side football field
- Sports Clinic by Quirón Salud
- Beach volleyball, squash, padbol, and multi-sport courts
- Restaurant and players' lounge

**INSPIRING
PEOPLE
TO ACHIEVE
THEIR
OWN IDEAL**

SUMMER
TENNIS &
LANGUAGE
CAMP *Junior*

www.rafanadalacademy.com
sales@rafanadalacademy.com
t. (+34) 971 845 022

