

Christmas Padel Camp

FOR ADULTS

28th DECEMBER 2025 TO 04th JANUARY 2026



- · 7 nights of accommodation at Rafa Nadal Residence.*
- 12 hours per week of technical padel training. Court/player ratio: 1:4.
- 3.75 hours of group physical conditioning.
- · 3 hours of "Off Court" activities.
- Certificate award.**
- · Certificate award and local product tasting.
- December 31st night: "Uvas de la Suerte" and DJ (From 10 p.m. to 2 a.m. at the Club House).*
- Group leisure activity.
- · Admission to the Rafa Nadal Museum.*
- Free use of the Fitness Centre with over 200 instructor-led activities per week (CrossFit and Yoga & Pilates Studio excluded).*
- Free access to the 25m indoor pool and Spa with hydrothermal circuit, sauna, and steam bath.*
- · Welcome gift

Add PLUS OPTION:

- 18 hours per week of technical padel training. Court/player ratio: 1:4.
- 3.75 hours of group physical conditioning.
- 3 hours of "Off Court" activities.
- * Only included in the option with accommodation.

Special promotion: 20% discount on AIR EUROPA flights when you confirm your booking with accommodation. Don't miss out!

^{**} Included for the player's companion.



Christmas Padel Camp Adult

Do you want to improve your padel and have a unique experience?

In our **Christmas Padel Camp**, you'll have the opportunity to train with the Rafa Nadal Academy by Movistar training system and enjoy padel tennis sessions and multi-sport activities in an unparalleled setting. Additionally, you'll also have free time to participate in leisure activities and indulge in the finest dining, including a special New Year's Eve dinner.

This program is ideal **for adult players** who want to have fun and experience their passion for sports at one of the world's top high-performance sports centers during one of the most special times of the year.

The Christmas Padel Camp will take place from December 28th, 2025 to January 4th, 2026.
Check-in and check-out will take place on Sundays.





Camp participants will improve their game while enjoying training in small groups that will allow them to learn and compete using the training system of the Rafa Nadal Academy by Movistar in an unparalleled setting like Mallorca.

It's also a perfect plan for families who wish to enjoy a Christmas vacation in Mallorca.



Christmas Padel Camp Adult

Weekly program

SCHEDULE

	Monday Tuesc	lay Wednesday	Thursday	Friday	Saturday	Sunday
7:00 - 08.15	Breakfast			Breakfast		
8:15 - 09:00	Fitness/Warm up		Free time	Fitness/Warm up		
09:00 - 11:00	Padel			Padel		
11:00 - 13:00	Free time					
13:00 - 14:00	"Off-court" activity	Free time	"Off-court" a	"Off-court" activity Diplo		
14:00 - 16:00	Lunch time					
16:00 - 17:30	Padel tactical (PLUS)		Padel (2h)	Padel tactical (PLUS)	Excursión	

*The schedule may be subject to changes depending on the number of participants and the assigned group.

Facilities

16 PADEL COURTS

7 INDOOR COURTS
6 OUTDOOR COURTS
3 PANORAMIC COURTS

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OTHER FACILITIES

- 45 tennis courts
- Fitness center
- 25m indoor and outdoor swimming pool
- 7-a-side football pitch
- Sports clinic by Quirón Salud
- Beach volleyball, squash, padbol
- And multi-sport courts

